

JANUARY 2023

Family Newsletter

January Book List

Happy New Year Around the World
by Sylvia Walker

The Night Before New Year's
by Natasha Wing

Squirrel's New Year's Resolution
by Pat Miller

Freedom Soup
by Tami Charles

Goodnight Moon
by Margaret Wise Brown

**P. Bear's New Year's Party:
A Counting Book**
by Owen Paul Lewis

Mae and the Moon
by Jami Gigot

Shante Keys and the New Year's Peas
by Gail Piernas-Davenport

Happy New Year Everywhere!
by Arlene Erbach

Bringing in the New Year
by Grace Lin

WELCOME 2023!

HAPPY NEW YEAR! We hope you and your family had a wonderful holiday season! Every January marks a fresh start, resolutions are made, closets are cleaned and new projects are started. This happens in the center as well; we are busy planning and starting new activities in the classrooms! We are kicking off 2023 with "MOON MONTH". The month will be full of fun, out-of-this-world crafts, activities, songs, and this month in the center. Be sure to check out page two for moon-related activities you can do at home! And don't forget to check our Facebook page for images from the great beyond.



We'd also like to remind our families to review our 2023 center calendar (available in the office) for our holiday schedule and closures.



BRINGING IT HOME



RESOURCES AND ACTIVITIES FOR ALL AGES

Moon Toast

This is a fun, simple activity for younger children and the best part is you can eat the pieces together when you are done! Toast the bread to your desired crispness and then use a cup as a stencil to cut your “full moon” with a butter knife. Trace a second piece and then cut it in half, creating two “half-moons.” Lastly, use a cup to stamp out two “crescent” pieces. You can make two sets of the phases and create a matching activity or use a photo of the moon phases to put the phases into sequential order. If you would like, top with butter, Nutella, marshmallow fluff, or whatever spread you’d like before eating!



Creative Little Explorers

Moon Sand

Sensory exploration helps children with their cognitive skills, fine motor skills and problem solving. This simple to make two-ingredient moon sand feels and smells heavenly and is sure to provide sensory stimulation for all! You will need 4 cups of all-purpose flour and ½ cup of baby oil. Mix everything together with your hands, adding more oil if you find the mixture is too dry. Use whatever toys you would like to explore your moon sand! Toy cars and forks and spoons can be used to make tracks in the sand. If you would prefer the moon sand to be taste-safe, substitute the baby oil for vegetable or olive oil!



Mommy Baby Play

Full Moon Puffy Paint

This puffy paint can be used to make all sorts of fun artwork, but it’s perfect for capturing the essence of our big, beautiful full moon! To make the paint you will need 1 cup shaving cream (not gel), ½ cup of white school glue, and 1 small drop of black food coloring to give it a grayish color.

Mix the cream and glue together with a large brush, folding it repeatedly until it is well mixed. Add your food coloring and swirl it around until your paint is your desired color. Use a brush or your hands to put a thick coat onto a white paper plate. Use marbles to create your craters by dropping them onto your moon and experimenting with drops from different heights! Be warned, this part may be a little messy so you may want to do it in the bathtub or outside. Let it dry for a few hours and proudly display your three-dimensional creation!



Rainy Day Mum

Moon Observation

Take at least five to ten minutes every night this month to go outside as a family and observe how the moon looks! Use this chart to record how the moon looks after observing each night to see how the moon changes throughout the month.

